



*Creating  
Peaceful  
Pathways*

## **A**lternatives to **V**iolence **P**roject

Queensland Inc.

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Alternatives to Violence Project workshops are more experiential than theoretical. Together we explore a culture of peace and trust through the principles of respect and caring for self and others. In non-intrusive ways, AVP workshops encourage confidence and practical strategies for dealing with conflict in our homes, workplaces or communities, so that we can get on better with others. AVP workshops are an opportunity to experiment with ways of transforming conflict creatively. We offer a practical approach for community groups, social service agencies, youth organisations and individuals who would like to participate and we hope some who attend this workshop will want to go on and become facilitators of other people's learning. Participants who complete AVP workshops receive a certificate and the knowledge that they are on the path of nonviolence. AVPQ will be delivering a Community Basic level workshop so you can come and be a part of what AVP is doing to make a change ... a change in the way we respond to violence and in the way we deal with difficult situations.

### **AVP Basic Community Workshop details:**

**Date and times**                      **Sat and Sun 26th 27th June '10: 8.45-6pm**  
Or  
**Sat and Sun 24th 25th July '10: 8.45-6pm**

**Venue**                                      Old Ascot Preschool/PCYC Outside School Hours Care  
56 Barlow St, **Ascot**

**Cost:**                                      \$125.00 waged      \$40.00 unwaged, concession      (Cost includes a holding deposit \$10)  
We can negotiate cost if money is a barrier.

**Food:**                                      We normally have shared lunches on Saturday and Sunday, so you will need to bring your contribution. Morning and afternoon teas, coffee, juice and nibbles will be provided.

**What do I need?**                      Casual, comfortable clothes, lunch and a willingness to participate.

**For further information:** Contact Heather      **0435 007 405**

To make a booking, please fill in this form then return it to the Workshop Co-ordinator.  
AVPQ PO Box 78, Sherwood 4075 or [heatheravpq11@optusnet.com.au](mailto:heatheravpq11@optusnet.com.au)

Yes, I would like to participate in the Basic Level workshop on these dates \_\_\_\_\_

**Direct Deposit** of AVPQ workshop fees & AVPQ membership fees into our bank account:

**Name:** Alternatives to Violence Project Qld

**BSB:** 064123

**Account no:** 10005406

In the **Description** or subject line of the bank transfer, please write your **last name and initial**

I have transferred full payment  for the cost of the workshop to the AVPQ account.

I have transferred the holding deposit  and will pay the balance on Registration at the workshop.

I will post a cheque  for the holding deposit / full payment with this application to the PO Box.

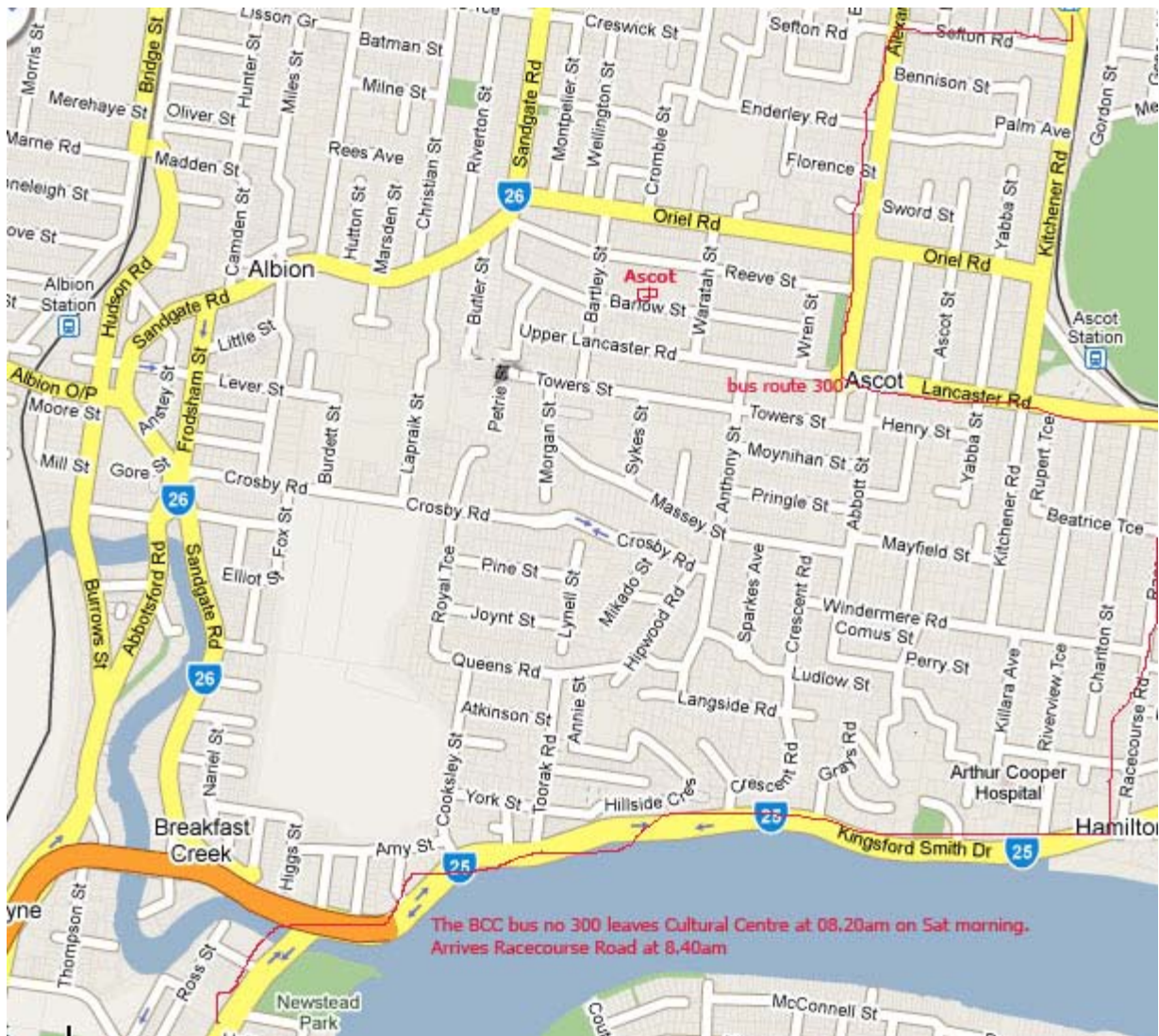
Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Mobile \_\_\_\_\_



### How to get to PCYC Ascot

**Address:** 56 Barlow St, Ascot. Cars park on the street out the front.

**Bus:** no. 300 stops close by (see map) and short walk. Other buses may suit your departure point.

**Train:** Ascot train station is a little further than the bus stop, however it's a short walk. The train operates to Ascot on Saturday but not on Sunday. In the past, people who come to the workshop by train on Saturday, have taken a train to Albion on Sunday where others from the workshop pick them up and drop them off.